

Philippine Christian University

Taft Ave., Manila

Program: **BACHELOR OF SCIENCE IN NUTRITION AND DIETETICS**

SY 2018-2019 (CMO 14 s.2017)

FIRST YEAR

First Semester

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|---------------------------|---------|---------|----|
| RELS1001 | Christian Formation | 3 | 0 | 3 |
| GNED1002 | Understanding the Self | 3 | 0 | 3 |
| GNED1005 | Readings in Phil. History | 3 | 0 | 3 |
| BIOC1101 | Biochemistry | 3 | 6 | 5 |
| NURS1104 | Anatomy & Physiology | 3 | 6 | 5 |
| NUTR1101 | Basic Foods 1 | 2 | 3 | 3 |
| CWTS1001 | NSTP 1 | | | 3 |
| PHED1101 | Physical Education 1 | | | 2 |
| | | | | 27 |

Second Semester

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|--------------------------|---------|---------|----|
| ELS1002 | Christian Ethics | 3 | 0 | 3 |
| GNED1001 | Math in the Modern World | 3 | 0 | 3 |
| GNED1006 | Purposive Communication | 3 | 0 | 3 |
| NURS1205 | Microbiology & Para | 3 | 3 | 5 |
| NUTR1201 | Basic Foods 2 | 2 | 3 | 3 |
| NUTR1202 | Basic Nutrition | 3 | 6 | 5 |
| CWTS1002 | NSTP 2 | | | 3 |
| PHED1002 | Physical Education 2 | | | 2 |
| | | | | 27 |

SECOND YEAR

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|-------------------------------------|---------|---------|----|
| ACCT1111 | Basic Accounting | 3 | 0 | 3 |
| GNED1003 | The Contemp. World | 3 | 0 | 3 |
| NUTR2104 | Principles of Sanitation and Safety | 3 | 0 | 3 |
| ENGL203 | Eng Technical Writing | 3 | 0 | 3 |
| GNED1007 | Art Appreciation | 3 | 0 | 3 |
| NUTR2101 | Meal Management | 2 | 3 | 3 |
| NUTR2102 | Nutrition Assessment | 2 | 3 | 3 |
| NUTR2103 | Nutrition in Life Stages 1 | 2 | 3 | 3 |
| PHED2101 | Physical Education 3 | | | 2 |
| | | | | 26 |

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|----------------------------|---------|---------|----|
| PSYC1203 | Developmental Psych. | 3 | 0 | 3 |
| GNED1004 | Science, Tech & Society | 3 | 0 | 3 |
| GNED1010 | Phil Popular Culture | 3 | 0 | 3 |
| NUTR2102 | Nutrition in Life Stages 2 | 2 | 3 | 3 |
| NUTR2201 | Nutrition Care Process | 2 | 3 | 3 |
| NUTR2203 | Fund. Of Food Technology | 2 | 3 | 3 |
| NUTR2204 | Food Service System 1 | 3 | 6 | 5 |
| PHED2201 | Physical Ed 4 (Swimming) | | | 2 |
| | | | | 25 |

THIRD YEAR

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|-------------------------|---------|---------|----|
| EDUC211 | Principles of Teaching | 3 | 0 | 3 |
| BIO411 | Biostatistics | 3 | 0 | 3 |
| GNED1008 | Ethics | 3 | 0 | 3 |
| NUTR3102 | Nutrition Therapy 1 | 2 | 3 | 3 |
| NUTR3103 | Public Health Nutrition | 2 | 3 | 3 |
| NUTR3104 | Food Service system 2 | 3 | 6 | 5 |
| NUTR3105 | Food & Nut Research 1 | 2 | 3 | 3 |
| | | | | 23 |

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|---------------------------|---------|---------|----|
| HSC222 | Health Economics | 3 | 0 | 3 |
| GNED1012 | Entrepreneurial Mind | 2 | 3 | 3 |
| PHLP102 | Logic (GNED) | 2 | 3 | 3 |
| NUTR3201 | Nutrition Education | 2 | 3 | 3 |
| NUTR3202 | Nutrition Therapy 2 | 3 | 0 | 3 |
| NUTR3203 | Food & Nut Research 2 | 2 | 3 | 3 |
| GNED1009 | Rizal's Life, Works & Wri | 3 | 0 | 3 |
| NUTR212 | Nutritional Biochemistry | | | 3 |
| | | | | 24 |

FOURTH YEAR

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|-------------------------|---------|---------|----|
| NUTR4101 | Food Service | | 300 | 6 |
| NUTR4102 | Public Health Nutrition | | 300 | 6 |
| | | | | 12 |

| Course No | Course Title | Lec Hrs | Lab Hrs | U |
|-----------|--------------------|---------|---------|----|
| NUTR4201 | Hospital Dietetics | | 600 | 12 |
| | | | | 12 |