



**Philippine Christian University**

1648 Taft Ave., Cor. Pedro Gil St., Manila

P.O. Box 907, Manila

**COLLEGE OF EDUCATION**

(Undergraduate Programs)

**Bachelor of Physical Education (BPED)**

FIRST YEAR					
1ST SEMESTER			2ND SEMESTER		
Course Code	Course Title	Units	Course Code	Course Title	Units
RELS 1001	Christian Formation	3	RELS 1002	Christian Ethics	3
GNED 1010	Living in the IT Era (GE-E1)	3	ENGL 1001	Philippine Popular Culture	3
GNED 1001	Mathematics in the Modern World	3	GNED 1002	Understanding the Self	3
EDUC 1101	The Teaching Profession	3	EDUC 1201	Building and Enhancing New Literacies Across Curriculum	3
EDUC 1102	Facilitating Learner-Centered Teaching	3	EDUC 1202	The Teacher and School Curriculum	3
EDUC 1103	Technology for Teaching and Learning 1	3	EDUC 1203	Foundation of Special and Inclusive Education	3
EDUC 1104	The Child and Adolescent Learners and Learning Principles	3	EDSP 1201	Philosophical and Socio-Anthropological Foundations of Physical Education and Sports	3
NSTP 1	National Service Training Program 1	3	CWTS 1002	National Service Training Program 2	3
PHED 1001	Physical Education 1 - Movement Enhancement	2	PHED 1002	Physical Activity Towards Health and Fitness 2 (PATHFit 2): Exercise-based Fitness Activities	2
		<b>26 Units</b>			<b>26 Units</b>

SECOND YEAR					
1ST SEMESTER			2ND SEMESTER		
Course Code	Course Title	Units	Course Code	Course Title	Units
GNED 1007	Art Appreciation	3	GNED 1005	Readings in Philippine History	3
GNED 1003	The Contemporary World	3	GNED 1006	Purposive Communication	3
GNED 1004	Science, Technology and Society	3	GNED 1011	Environmental Science	3
GNED 1009	Life and Works of Rizal	3	GNED 1008	Ethics	3
EDSP 2101	Anatomy and Physiology of Human Movement	3	EDSP 2201	Applied Motor control and Learning of Exercise, Sports and Dance	3
EDSP 2102	Physiology of Exercise and Physical Activity	3	EDSP 2202	Movement Education	3
EDSP 2103	Principles of Motor Control and Learning Exercise, Sports and Dance	3	EDSP 2203	Swimming and Aquatics	3
EDSP 2104	Individual and Dual Sports, (Racket Sports, Athletics, Martial Arts)	3	EDSP 2204	International Dance and other Forms	3
PHED 1003	Physical Activity Towards Health and Fitness 3 (PATHFit 3): Menu of Dance, Sports, Martial Arts, Group Exercise, Outdoor and Adventure Activities	2	PHED 1004	Physical Activity Towards Health and Fitness 4 (PATHFit 4): Menu of Dance, Sports, Group Exercise, Outdoor and Adventure Activities	2
		<b>26 Units</b>			<b>26 Units</b>

THIRD YEAR					
1ST SEMESTER			2ND SEMESTER		
Course Code	Course Title	Units	Course Code	Course Title	Units
EDUC 3101	Assessment of Learning 1	3	EDUC 3201	Assessment of Learning 2	3
EDUC 3102	The Teacher and the Community, School Culture and Org. Leadership	3	EDSP 3201	Technology for Teaching and Learning 2 (Technology Application in Teaching PE and Health Education including Instructional Materials Development)	3
EDSP 3101	Emergency Preparedness and Safety Management	3	EDSP 3202	Curriculum and Assessment in Physical Education and Health Education for K-12	3
EDSP 3102	Philippine Traditional Games and Sports	3	EDSP 3203	Team Sports (i.e. Soccer, Basketball, Volleyball, Softball, Non-traditional: Ultimate, Handball, Floorball, Futsal, Sepak Takraw)	3
EDSP 3103	Coordinated School Health Education Program	3	EDSP 3204	Drug Education, Consumer Health Education and Healthy Eating	3
EDSP 3104	Personal, Community and Environmental Health	3	EDSP 3205	Research 1	3