

**PHILIPPINE CHRISTIAN UNIVERSITY**  
**College of Education and Allied Programs (CEDAP)**

**Bachelor of PHYSICAL EDUCATION (BPed)**  
**FIRST YEAR**

**First Semester**

**Second**

<b>COURSE CODE</b>		<b>UNITS</b>	<b>COURSE CODE</b>		<b>UNITS</b>
RELS1001	Christian Formation	3	RELS1002	Christian Ethics	3
GNED1010	Living in the IT Era	3	GNED1004	Science, Technology and Society	3
GNED1001	Mathematics in the Modern World	3	GNED1002	Understanding the Self	3
EDUC1101	The Teaching Profession	3	EDUC1201	Building and Enhancing New Literacies Across the Curriculum	3
EDUC1102	Facilitating Learner Centered Teaching	3	EDUC1202	The Teacher and the School Curriculum	3
EDUC1103	Technology for Teaching and Learning 1	3	EDUC1203	Foundation of Special and inclusive Educ.	3
EDUC1104	The Child and Adolescent Learner and Learning Principles	3	EDSP1201	Philosophical and Socio-Anthropological Foundations of PE and Sport	3
CWTS1001	National Service Training Program 1	3	CWTS1002	National Service Training Program 2	3
PHED1001	Physical Education 1	2	PHED1002	Physical Education 2	2
		<b>26</b>			<b>26</b>

**SECOND YEAR**

**First Semester**

**Second Semester**

<b>COURSE CODE</b>		<b>UNITS</b>	<b>COURSE CODE</b>		<b>UNITS</b>
ENGL1001	Philippine Popular Culture	3	GNED1005	Readings in Philippine History	3
GNED1003	The Contemporary World	3	GNED1006	Purposive Communication	3
GNED1011	Environmental Science	3	GNED1007	Art Appreciation	3
GNED1009	Life and Works of Rizal	3	GNED1008	Ethics	3
EDSP2101	Anatomy and Physiology of Human Movement	3	EDSP2201	Applied Motor Control and Learning of Exercise, Sports and Dance	3
EDSP2102	Physiology of Exer. and Physical Activity	3	EDSP2202	Movement Education	3
EDSP2103	Principles Motor Control and Learning of Exercise, Sports and Dance	3	EDSP2203	Swimming and Aquatic	3
EDSP2104	Individual and Dual Sports (Racket Sports Athletics, Martial Arts)	3	EDSP2204	International Dance and other Forms	3
PHED1003	Physical Education 3	2	PHED1004	Physical Education 4	2
		<b>26</b>			<b>26</b>

### THIRD YEAR

#### First Semester

#### Second Semester

COURSE CODE		UNITS	COURSE CODE		UNITS
LITR1001	Panitikang Panlipunan/Society & Literature	3	LITR1002	Pelikulang Panlipunan/Film and Society	3
EDUC3101	Assessment of Learning 1	3	EDUC3201	Assessment in Learning 2	3
EDUC3102	The Teacher and the Community. School Culture and Org. Leadership	3	EDUC3202	Sports and Exercise Psychology (Elec.)	3
EDSP3101	Emergency Preparedness and Safety	3	EDSP3201	TTL 2-Teaching PE and Health Education including Instructional Materials Dev't	3
EDSP3102	Philippine Traditional Games and Sports	3	EDSP3202	Curriculum and Assessment for Physical Education and Health Education.	3
EDSP3103	Coordinated School Health Program	3	EDSP3203	Team Sports	3
EDSP3104	Personal, Community and Environmental Health Management	3	EDSP3204	Drug Addiction, Consumer Health Educ. and Healthy Living	3
EDUC3103	Administration and Mngt. of PE and Health Education Program	3	EDSP3205	Research in PE	3
		<b>24</b>			<b>24</b>

### FOURTH YEAR

#### First Semester

#### Second Semester

COURSE CODE		UNITS	COURSE CODE		UNITS
EDUC4101	Field Study 1	3	EDUC4201	Teaching Internship	6
EDUC4102	Field Study 2	3			
EDSP4101	Contemporary Issues in PE, Health Educ.	3			
EDSP4102	Process of Teaching PE and Health Educ.	3			
EDUC4105	Course Audit (LET Review)	(3)			
		<b>15</b>			<b>6</b>